

# Walking Ex. No 1

In this exercise we will use the (first finger of the left hand) to navigate up and down the fretboard. While you do this, sing the name of the note as you play it. Do not worry if you think you can't sing. This is just to help you memorize the notes and where they are played. Go SLOW!!!

# is a sharp sign. This means to raise the note one fret.

b is a flat sign. This means to lower the note one fret.

